

The Personal Side of Academic Accommodations

The effects of brain injury can make it difficult for students to participate in school at the same level they did before their injuries. Providing simple accommodations for students with mild–moderate challenges following brain injury can increase learning and improve behavior in the classroom by reducing anxiety and stress.

Brain injury can have a significant effect on academic performance. The cognitive effects of brain injury combined with feelings of loss and frustration can make school very difficult. Because these challenges are usually invisible and because most injured students aren't used to needing supports at school, teachers and students might not recognize that some simple accommodations can make a big difference.

Teachers are the best!

Teachers are in the best position to observe how a student copes with the demands of school after concussion. They are also in the best position to share and compare information with parents about the student's progress and challenges and put accommodations in place. Below, Lizzie Hill explains why this is so important.

Interview with Lizzie Hill

Lizzie Hill is a young woman living with traumatic brain injury. In these videos she explains how accommodations helped her be successful in school. She shares tips about the types of accommodations that she used and how she accessed them.

Lizzie's Story: <https://youtu.be/NoxATNmtqaA>

Why are school accommodations important?

<https://youtu.be/KEqtDBkaILO>

What accommodations help the most?

https://youtu.be/k-G_Ez0H8xw

How do you ask for accommodations?

<https://youtu.be/SrIIdbKMTsc>

What should teachers know about concussion?

<https://youtu.be/BaFlqMigKqk>

